



## Exercise 1

Complete the sentences with the words in the boxes.

over

up

together

in

on

under

1. I phoned to give you a pat \_\_\_\_\_ the back for saving the situation.
2. let's put our heads \_\_\_\_\_ and think of some people who could help.
3. As we're both \_\_\_\_\_ the same boat, it might be sensible to work together.
4. Most parents bend \_\_\_\_\_ backwards to treat their children equally.
5. Jane took us \_\_\_\_\_ her wing and showed us around.
6. I try to think positively and keep my chin \_\_\_\_\_.

## Exercise 2

Choose the best answer to complete the sentences.

12

1. There is usually a fair amount of \_\_\_\_\_ and take in a trading relationship.  
a) pat                                      b) give                                      c) hand
2. They want to negotiate and we're very willing to \_\_\_\_\_ them halfway.  
a) meet                                      b) bend                                      c) hold
3. Hannah was happy to \_\_\_\_\_ a hand in practical ways if she could.  
a) pat                                      b) lend                                      c) take
4. For most of the afternoon, mum had been \_\_\_\_\_ Cyril's praises.  
a) giving                                      b) putting                                      c) singing
5. I Want to be \_\_\_\_\_ for my kids because my dad wasn't for me.  
a) there                                      b) together                                      c) over
6. The government finds it easiest to \_\_\_\_\_ the other way regarding this issue.  
a) look                                      b) bend                                      c) keep

12



## Exercise 3

Reorder the phrases to make sentences.

1. Women candidates / **bends over backwards** / to attract / the party
2. learn that / girls and boys / **give and take** / three must be / in all relationships
3. **lend a hand** with / the whole family / the harvest / has to
4. they must / sensible decision / in order to reach a / **put their heads together**
5. for you / you know / **be there** / I'll always

10

## Exercise 4

Choose the correct answer.

1. If you take someone under your wing, do you (**ignore** / **help**) them?
2. If you keep your chin up, are you being (**cheerful** / **miserable**)?
3. If you give someone a pat on the back, should they be (**pleased** / **offended**)?
4. If you bend over backwards, are you (**ignoring** / **trying to help**) someone?
5. If someone lends you a hand, are (**you being helpful** / **they being helpful to you**)?
6. If you hold someone's hand in a difficult situation, do you (**need** / **give**) help?

12

46



## The Answer

### Exercise 1

1. **on**
2. **together**
3. **in**
4. **over**
5. **under**
6. **up**

### Exercise 2

1. **b**
2. **a**
3. **b**
4. **c**
5. **a**
6. **a**

### Exercise 3

1. The party **bends over backwards** to attract women candidates.
2. In all relationships girls and boys learn that there must be **give and take**.
3. The whole family has to **lend a hand** with the harvest.
4. They must **put their heads together** in order to reach a sensible decision.
5. You know I'll always **be there** for you.

### Exercise 4

1. **help**
2. **cheerful**
3. **pleased**
4. **trying to help**
5. **they being helpful to you**
6. **give**